

**Fall**  **2009**  
*Holistic Center*  
*A Science of Living Institution*

***ADDICTION CESSATION PROGRAM***  
**(Smoking, Alcohol or Drug-Abuse,  
Prescription-Medication dependence or  
any other habits becoming life-long  
addictions draining your health and  
wallet?)**

Join us for 45 minutes on Saturdays and Sundays to help you take charge of your addictions and say goodbye to them once for all...

- **Saturdays 9:30am and Sundays at 6:15pm**
- **Experience the Power of Yoga through Breathing, Relaxation and Meditation to take charge of your lives**
- **Enjoy authentic and long-term solution for many of your complex problems**
- **Tuition: \$15.00/class**

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***Billions Yet To Be Served...***