



# Summer Special



@Gurukul

## FREE CLASSES

(For FIRST TIME FRIENDS)

**Mondays/Wednesdays/Thursdays/  
Fridays/Saturdays at specified  
times ONLY**

**Until August 15<sup>th</sup> 2009**

**Mon:** 6:00pm (Juniors/Teens)

**Wed:** 9:30am; 5:45pm and 7:00pm  
(Adults/Teens/Juniors)

**Thurs:** 6:00pm BollyWood Beats/Dance

**Fri:** 10am (Adults/Teens/Juniors)

**Sat:** 9:30am(Breathing, Relaxation &  
Meditation); 10:30am(Teens) and  
11:30am(Mommy&Me)

**Space limited; Call/email NOW!**

*Gurukul Yoga Holistic Center*

*A Science of Living Institution*

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***Billions Yet To be Served...***