

GURUKUL



®

HOLISTIC CENTER
A Science of Living Institution

Mommy & Me

for 3-5 year olds with parent/care-giver

- Saturdays at 11:30am-12:00pm
- Learn to hop, stretch, jump, breathe and relax!
- Improve resistance to disease
- build good healthy habits at a young age
- Have fun!

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Billions Yet To be Served...